

the SPACE



A COMMUNITY NEWSLETTER PRODUCED BY NEILSTON DEVELOPMENT TRUST

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OUR PLACE - BLOOMIN' MARVELLOUS

Neilston comes into its own at this time of year - gardens awash with colour, long evenings for country walks and mornings bright with bird song. With this weather, no wonder we're waxing poetical. (By the time you read this, however... but let's not be negative).

Add to that a rich heritage of work, music and sport, some wonderful countryside and there you have it - **some place, our place!**

The outlook may be gloomy at the national level, and no doubt there are tough times ahead for many of us, but here, at the grassroots, good things are happening and we have much to celebrate in our people, our local organisations and the plans Neilston is making for itself. The village has been visited by senior politicians of all persuasions, most recently by the Minister for Communities, Alex Neill MSP, who has

spoken of Neilston and the Trust's work on many public platforms. Now's the time for communities to build their own futures; developing their unique assets, creating local enterprises, growing local life (and veg too!). Neilston's out there doing it, so come again soon, Minister.



Mill Walk View



Passionate about Neilston



Adopt-a-Station Planters

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up
neilston
for powerdown

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in association with



EDITORIAL

So Powerdown..... So what?

That glorious day on March 20th is now months away. The Big Green Top has vanished as quickly as it came, the solar van has gone home, High Street is back to its congested usual, no more hog roast on offer and the tattie bags and planters are flourishing at back doors throughout the village. So - a good day out for all, but what remains?

This edition of The Space will bring back memories of a sunny day out, but more than that, making the point that Powerdown is not just for March 20th, or June or July, but is becoming part of village life. You'll meet the Powerdown

Team on their rounds, signing up increasing numbers of households for Home Energy Checks, loft insulation, solar installations, and other carbon reduction initiatives. They are NOT going away (until next year, at any rate), so make use of this valuable resource while you can! If saving the planet seems a bit remote, remember that our programme can save you money. Just ask the team!

PS: Don't be afraid to ask for identification on the doorstep. The P-Team always carry theirs. Since we announced the Powerdown initiative, some suppliers and installers of energy saving products have identified the village as a potential market. That's their right, and people are free to do what suits them and their pocket best. But if you're confused or want a second opinion, please get in touch with the team.

THE BIG DAY

neilston UP of powerdown

On 20th March, the village of Neilston got lit up and switched on to climate change in an extraordinary way. It was all about going 'Green in Neilston' as residents took part in the Powerdown extravaganza in the massive marquee in the centre of the village (Pig Square).

High Street was closed off, putting people, not cars, first for a change. The event was a celebration of sustainable living, and how we can make small lifestyle changes now to care for planet earth for generations unborn. There was a massive turnout, with over 700

people during the day and over 500 people at the lantern parade, while the 250 tickets for the ceilidh were sold out. Overall, about 1000 people attended the events - that's 20% of the entire village population (and the odd dog).

The event, which included eco-driving and renewable energy stalls, smallholder workshops, gardening lessons, bike displays and the lantern parade, rounded off with a proper Scottish 'Lo-Carbon' Ceilidh.

Village youngsters also had their chance to shine, as they took to the stage with local band 'THE SKUNNERED' to perform their lines in a special song written for the Powerdown Project. They also entertained those present with 'Planet Fantastic' a drama about climate change devised by the 2 primary schools, working with the Walking Theatre Company. The whole event was voted a huge success. **The question on everyone's lips – when's the next one?**



The Big Green Top at Pig Square housed the event making sure no-one could miss the action



It got busy in the marquee, people chatting and learning, a chance for the community to get together



Local children make eco saxophones



High Street never looked like this!



The Provost gets a lesson in apple pressing



Powerdown Team stall with David and Cat going through home energy checks and Powerdown sign up forms

The Powerdown Team (Jonas, Marlene, David and Cat) really got busy during the day interacting with people about energy efficiency, ways to save money on fuel bills, and signing them up for the various Powerdown initiatives including: **Energy Checks, Carbon footprint surveys, grow your own, kitchen canny and renewable energy.** Over a hundred and forty people signed for various aspects of the project. **If you have not signed up to the Powerdown project contact the team at the Bank on 0141 561 1201.**



A local resident takes the eco driving challenge on the Simulator car whilst Fiona looks on

Representatives from the Energy Saving Scotland Advice Centre [ESSAC] The Wise Group helped with information and fun activities.



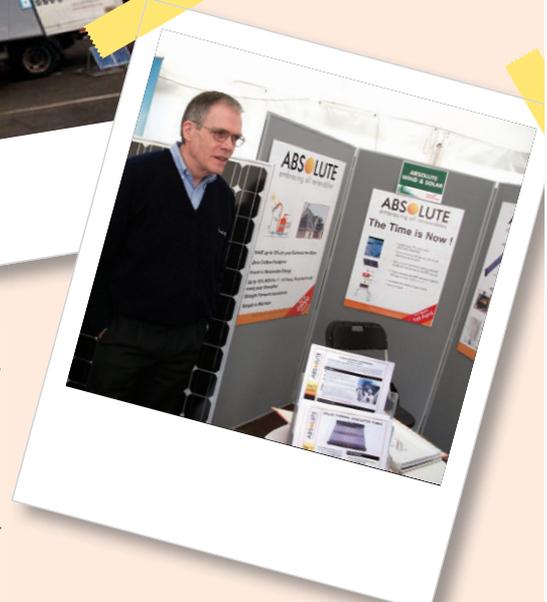
RENEWABLE ENERGY TECHNOLOGY AT THE SHOW

Neilston folk had firsthand experience of solar water heating systems in action and photo voltaic [solar panels] powering miniature trains, to the amazement of adults and children alike. The perfect sunshine on the day provided the right conditions to see hot water at 60°C coming from the solar thermal panel. Scotland has great potential for renewable energy, and most houses in Neilston have the capacity to generate some of their own energy or heat, using solar panels and ground or air source heat pumps.

Thanks to the Solar One Van - a renewable energy demonstration van which has solar thermal, solar panels photo voltaic and micro wind turbine installed on board - for coming to the event; and Absolute Solar Ltd, a private micro renewable energy technology installer for being there too. It was a great day for people to learn how various renewable energy technologies work. Talking to an installer directly helped some folks, who have thought about installing some form of renewable energy but did not know how to go about it and to make firm decisions on the day.



The Solar One Van with renewable energy technologies demonstration; on board are a wind turbine and both solar thermal (hot water) and solar fuel photo voltaic (power) panels. The van runs on biodiesel.



John from his Absolute Wind and Solar company explaining how the system works.

It will interest you to know that as a result of the event one resident has had panels installed.

Do you want to generate your own energy or heat? Speak to the Powerdown Team



Barrhead and Neilston Horticultural Society - plants a plenty and some advice

GROWING GREEN FINGERS

Local food production, growing your own / allotments have received much attention in recent years both at the national and local levels, because of carbon pollution associated with transport of food and also food security. This was heavily promoted on March 20th. The Barrhead and Neilston Horticultural Society and Scottish Smallholders were present to display their numerous varieties of plants, while the Master Composters from the Wise Group, Urban Roots, Glasgow Wood Recycling and Fairley Community Garden were also present to teach us techniques for composting and growing our own food. Residents made planters and took them away. At the end of the event we had over 40 planters made, 50 signed for "grow your own" while 43 people want to take part in composting training.

GROW'S IT GROWING?

Did you take seeds or a planter on the March 20th at the Powerdown Event? The Powerdown project would like to hear how you and your plants are doing. Please invite us to have a look or send us your pictures. At Neilston LIVE! we're having a local grown food BBQ and Broth Mix and we would like you to bring your produce.



Gardeners Question Time



Residents learn how to make planters and plant their own fruit and vegetables



Look at it now!

DRAMA, MUSIC AND KIDS PACK A POWERFUL MESSAGE

Our schools are doing a fantastic job in eco-education. So they were keen to participate in Powerdown. Village youngsters from Neilston and St Thomas's primary schools took to the stage to perform 'PLANET FANTASTIC'. The Walking Theatre Group Company engaged pupils in investigating issues around climate change, the environment and local issues and helped them devise the play. Later the youngsters joined the local band 'THE SKUNNERED' to perform "Going Green in Neilston" a song written by the band for Powerdown project.

Copies of CD available for only £3.50.



Neilston youngsters performs eco drama at the event



The Skunnered Band - Playing 'Going Green in Neilston'



Lantern Parade led by pipe band



Streets of Neilston shone with Eco lanterns

THE LANTERN PARADE

In the evening an amazingly spectacular event lit up the streets of the village. Neilston families formed a procession with wonderful hand-made lanterns made from bamboo and tissue paper, powered by windup torches made by community members and school pupils in a lantern making workshop. The parade was a beautifully symbolic way of showing that communities can light a path to a low-carbon future. Over 500 people took part in the lantern parade led by the local pipe band. It was such a fantastic moment.

POWERDOWN WORKSHOPS

DIPPING A TOE INTO CARBON FOOTPRINTING

After the March 20th event, no time was lost in picking up on the carbon agenda. Residents gathered at the Bank on 10th April to take part in a Carbon Footprint Workshop organised by the Powerdown Project.

Participants learned about carbon pollution and the various activities and processes that create carbon emissions, from energy production at the large scale to the way food is grown, transported, processed and packaged. Everyone who attended completed their Carbon Footprint Survey form and calculated their personal carbon footprint using an online carbon footprint tool, a neat technique for calculating your own impact on the planet, allowing individuals and households to make their own carbon choices.

Jonas Cromwell, the Project Officer said *"the workshop was very revealing as individuals get to understand where their carbon pollution is coming from, and the areas in which they have higher or lower carbon footprint. This is one way we can relate to the big global issues and take local actions at a personal level. I was amazed at the depth of discussion that ensued after the presentations, and how committed people are to playing their small part. Hundreds of small actions repeated day after day add up to a lot more than a few brave and expensive gestures."*

"How can I reduce my footprint or use of the resources from 'two planet earth' to 'one planet earth?'" Martin, one of the participants quizzed'.



Community members discussing the big issues

"One planet earth' is a handy rule of thumb to get a sense of the carbon impact our country makes. If everyone consumed at the current East Ren levels, would need the resources of nearly 5 planet earths to keep going!"

It's hard to keep up with our good intentions, when life is complicated enough. Completing a Carbon Footprint Survey allows you to make 'pledges' which may help you to keep your good resolutions. It also helps the Powerdown Team to get a sense of how Neilston as a whole is 'powering down'. As one supermarket puts it, 'Every little helps'. If that approach helps to sell cans of beans, can it help us to get started on saving the planet?

NEILSTON GETS 'KITCHEN CANNY'

Wouldn't granny be pleased! The old saving ways are beginning to be quite trendy, as residents of Neilston get 'canny' about their kitchen food waste.

Those who attended the Kitchen Canny Tea night in April were helped to consider how much the average household throws away and how much it costs our pocket and the environment. Thought provoking games which make us rethink food waste, helped us realise that everyone actually does waste some food. The pieces of sausages, bread and potatoes

that we throw away all add up so quickly.

Participants also learned about food miles and food chains and the carbon footprint associated with the food that we buy, of which about 1/3 ends up in the bin and later on to landfill, producing nasty methane gas.

As a country we throw away over a £1 billion's worth and the average household throws away the equivalent of £430 a year without actually realising

it. Neilston as a village throws away nearly £1 million a year [£964,000]. (These figures are not made up - the Powerdown Team can provide you with the evidence!)

Our Kitchen Canny project is a perfect opportunity for you to make your purse fuller and your bin emptier! Learn about meal / portion planning, planning for your shopping and receive great recipes of how to make good use of leftovers.



"Before signing up for the Kitchen Canny project I was a bit sceptical that we actually wasted any food. I really was quite surprised by the amount of food we wasted as a family.

If you think, like I did, that you don't waste much food in your home then I'd definitely recommend the Kitchen Canny project. The night at The Bank was informative and the information we were given was interesting."

Linda McLaughlin

"I'm only on day two, but I'm already shocked by the amount of food we're throwing out. It was a challenge at first to get a big family like mine on board, but the kids are all involved now and are interested in what we're doing.

I'm looking forward to the fourth week and I'm hoping the amount we waste will have dropped a lot by then!"

Kirsty Bradley

POWERDOWN PROJECT UPDATE

The Powerdown project is now in its second phase, with our three part-time energy advisors employed to work with the community to promote and provide energy efficiency advice as well as raising awareness about climate change and sustainable living with the overall aim of reducing the communities carbon footprint.

THE SUCCESSES SO FAR:

1. **210** houses / properties have Home Energy Checks completed and some householders have received their home energy report.
2. Over **127** householders have taken part in the community carbon footprint surveys - calculating their personal carbon footprint. In the coming weeks we will be visiting residents to discuss with them their footprint and find ways of reducing it and providing energy efficiency advice.
3. **26** householders have taken their Kitchen Canny Challenge, learning new ways to reduce food waste and save money, learning new recipes to add to their menu and making good use of their leftovers. This group met again on 29th June to share their experiences and discuss issues about healthy eating.
4. **2** householders have received technical visits from the Energy Saving Trust to investigate potential for renewable energy technology
5. Over **25** people referred to Energy Saving Trust to see what insulation measures could be implemented for them to save money on fuel bills.
6. **14** loft and **2** cavity wall installation surveys carried out, all awaiting installation.

POWERDOWN EXEMPLAR: 'HOT WATER ON THE ROOF'

The first solar thermal hot water heating system goes on the roof for local residents, Micky Anderson and Carol Bradbury, who attended the Neilston Up for Powerdown event on March 20th. They installed a solar hot water heating system (double panels), after discussion with Absolute Wind and Solar Ltd during the event. Now the power of the sun is now being harnessed to meet their hot water demand. The installation took place in June and will be commissioned in July. The project, which cost about £6,000 will receive about £1000, government grants towards the cost of installation. The system will provide about a third of the hot water needs, reducing water heating bills and repaying the investment made. Jonas Cromwell the Powerdown project officer said "this is an exemplar of what Powerdown is about, helping residents to save money not only in major projects like renewable energy installation, but also in low cost energy measures and I am happy this couple are ready to share their experiences with other residents who want to install the system."

In our next issue of The Space we will present details of this project.



INVITATION TO COMMUNITY MEMBERS, COMMUNITY GROUPS & CHURCHES IN NEILSTON

The Powerdown Team would like to invite all community members, community groups, Churches and Faith groups to take part in the Powerdown project by making use of the services that the P-Team provides.

- FREE ENERGY EFFICIENCY ADVICE
- HOME ENERGY CHECKS
- CARBON FOOTPRINT
- ENERGY MONITOR
- KITCHEN CANNY CHALLENGE

POWERDOWN PRIZE DRAW

Our first monthly draw for those who have filled in their Home Energy Check survey took place at the bank on the 8th June during the Renewable Energy night. Four prizes were up for grabs; two eco kettles and two energy monitors.

OUR PROUD WINNERS ARE:

Laura Fergus - Energy Monitor
Robert Young - Energy monitor
Ms Shirley Henderson - Eco Kettle
Ms Irene Farish - Eco Kettle
Calling Shirley Henderson and Irene Farish! Your prizes are ready for collection at The Bank.



Laura Fergus with her prize.

BANK MATTERS

30th November 2006 was the date NDT turned the key in the door of Neilston's very own community building.

Since that time, the work of building up the life of the bank has continued: the volunteering programme, the café, room lets, meetings, design discussions, the Festival programme, functions and NDT's own growing operation as an organisation...and grant application after grant application to bring a funding package together to support both the refurbishment of the building and its operation, with the long-term objective of financial independence.

Now, roughly 4 years later, in October/ November 2010, we hope to be closing the building for full-scale renovation works.

We won't be disappearing, though; the search is on for temporary accommodation for the Trust operation, including the Powerdown team who have vital work to continue during this time. We'll have to store stuff, help our various groups to find temporary 'homes' and grow our programme. This will be a massive undertaking, so every little bit of support is welcome!

If anyone has any ideas about temporary accommodation for the team, please get in touch with NDT at 0141 561 1201 or email neilstondev.trust@hotmail.co.uk.

NDT'S SHOPARAMA

THE BANK SAT 31 JULY
10AM-2PM ADMISSION £1.50

includes tea/coffee and cake

- Looking for donations of: books, ornaments, toys, gifts you will never use, handbags etc.
- Empty the loft for insulation! (first step along the road to carbon salvation)
- Delighted to accept freshly laundered, good quality clothes on hangers for our **Boutique Upstairs**, complete with changing room facilities.
- Please drop off donations at The Bank week beginning 26th JULY or at another time by arrangement.

HELPERS REQUIRED

if you can help please let us know on 0141 561 1201 or neilstondev.trust@hotmail.co.uk.



SUMMER ARRANGEMENTS

The next edition of The Space will major on the Bank - who's funding us and for how much, designs for the building and arrangements for the time we're closed.

Before that of course we have **Neilston LIVE!** (PG 9) and NDT's **SHOPARAMA** on July 31st at The Bank (see below), but in general, summertime means a downturn in activities which will allow us to turn our thoughts to the big move.

THE BANK CAFE

Due to volunteer holidays and preparation for decanting, the cafe will open on **Mondays, Wednesdays and Fridays as from Monday 21st June**. The Cafe will also be closed completely from 23rd-30th July inclusive, but will be open for depositing SHOPARAMA

goods. The Powerdown team will be powering away as usual and welcome all enquiries as advertised.

New things continue to happen at the Bank, of course. This May saw another first communion party and in September we'll have our first small wedding! A taste of the possibilities for our new facility once it's refurbished.



OUR MYSTERY VISITOR

CAN ANYONE HELP?

Some months ago we had a surprise visit from the daughter of the last resident bank manager (centre of picture, with her husband). This lady left the Bank as a bride in 1958 and has lived since then in Canada.

She was amazed and delighted to find the Bank in the ownership of the Trust and it was fascinating to take her round the building and hear of her memories of when it was a family home as well as the Bank. Older residents will remember it as it was at the time. Problem is, we were so taken away with her story, we forgot her name!

STOP PRESS:

We found our notes! Sheena Coutts (nee Black) and her husband Ron, living in Edmonton, were our welcome guests.



THE SPACE 7

NEILSTON RECOGNISED IN MAJOR AWARD

Neilston's Renaissance Town Charter was awarded a prestigious national accolade at a recent awards ceremony in Edinburgh.

The Scottish Award for Quality in Planning was given to Neilston for "outstanding performance and quality in community involvement"

An extract from the judges' comments: *"The Town Charter process is an excellent example of how to bring together community interest groups and experts in design, planning and regeneration to establish a shared vision of a town's development opportunities. The enthusiasm of the wide range of stakeholders in Neilston's future is evident. This has enabled capacity building in the community that will help maintain the momentum of the project. The document is aspirational but not unrealistic, going further than most documents of this style to identify stages and actions for delivery in relevant timescales. We consider that significant progress has been made in a short period with relatively small sums of money and look forward to hearing of future successes relating to the project."*



NDT Town Team Members accepting award for "outstanding performance and quality in community involvement" from the Cabinet Secretary, John Swinney MSP

TOWN TEAM NOTES

At its last meeting on June 7th, the Town Team considered how to run its affairs in future.

It was decided that, although the Town Team will continue to be THE forum for endorsing actions arising from the Town Charter, the work involved in carrying forward the many projects set out in the Charter would be best done in smaller WORKING GROUPS, which would in turn identify DELIVERY AGENTS - groups or individuals that would take responsibility for individual elements of the Charter, including funding applications.

For example, if a SUSTAINABILITY WORKING GROUP was set up, it might consider all related aspects of the Charter, with a delivery agent for the Community Windfarm dimension identified as NDT. The Community Council, East Ren Council, the housing association or a tenants'

and residents' group might take forward other projects. A moderator from outside the group would ensure that an organisation leading any working group did not dominate the discussion.

In order that the Town Team remains open and transparent, and allows some of the big issues already being discussed by the Team to be debated fully, consideration is being given to the possibility of another workshop weekend. In the meantime, the need to have a programme of publicly advertised Town Team meeting dates was agreed as a first step.

IF YOU DON'T HAVE A COPY OF THE TOWN CHARTER, PICK UP A COPY AT THE BANK OR VISIT www.ads.org.uk and search for Neilston Renaissance

NEILSTON COMMUNITY WINDFARM

Nothing much to report on this yet. The application is still with East Renfrewshire Planning Department and we are hoping for an outcome soon. If we get a positive decision, you'll hear the shout all round the town!

For those who have perhaps moved into the area recently, NDT and Carbon Free Developments Ltd have entered into a joint venture to seek permission

for a 4-turbine development on the former landfill site on the Stewarton Road.

Considerable long-term tax-free profits would be generated for the community if consent were given, in which case NDT has pledged to contribute to a Common Good Fund to help deliver the projects in the Town Charter. A legal framework for this will need to be set

in place and work on this will follow planning consent.

A recent (June 16th) article in the Barrhead News no doubt confused readers (it confused us!) with mention of our windfarm applications in the same piece as domestic wind turbine applications, householder grants and community benefits payments. **Don't hesitate to contact us if you need clarification on any of these matters.**

neilston **LIVE!** Your place - Live it up!

Neilston Life and Culture

7th-14th Aug '10

Summer's here and let's hope the weather stays fine for the Neilston LIVE! Festival from 7th - 14th August.

Just when the Up for Powerdown celebrations seem a distant memory, join us in having some more low-carbon fun and at the same time celebrate Neilston, "Your Place - Live it up!".

Did you know that 2010 marks the centenary of the famous history of Neilston written by Dr Pryde (copy available for reference at Neilston Library) - or that it's also the centenary of the women mill workers' strike, which contributes a small footnote to the history of the labour movement in Scotland? **SOME PLACE, OUR PLACE!**



Countdown to the festival includes:

- The Neilston Juniors Football Tournament 24th & 25th July.
- NDT's SHOPARAMA at The Bank Sat 31st July.
- The Neilston LIVE! week itself kicks off with a fun-filled day of outdoors games led by the Powerdown Team (without their clipboards) and the first of its kind, a "home grown food" BBQ at the Bank - all FREE!
- **Film Night:** Wind down in the evening with a film night, and a chance to see thought provoking "The Age of Stupid" (and you can relax knowing the kids have a film to watch too, and one that will keep them laughing).
- **The Crofthead Concerts on Sunday 8th August** is sure to be a sell out with **THE WILDERS** topping the bill. Tickets available from Kool Kreations, ticket-scotland.com or check out www.croftheadconcerts.co.uk for more info.
- **Strawberry Tea Dance** The show goes on mid-week with the un-missable toe tapping, finger-licking Strawberry Tea Dance.
- **Night at the Musicals Lourdes Theatre Group on the 14th August 7-10pm** is back with another fantastic night.

SEE PROGRAMME FOR FULL DETAILS



NEILSTON LIVE

CROFTHHEAD CONCERTS

neilston **LIVE!**
Neilston Life and Culture

After the success of our initial concert with WOODY PINES we are setting up a regular, monthly programme of events over the second half of 2010. We hope you'll come along.

FORTHCOMING BANDS



Sunday 8th August 2010

The Wilders

Tickets £14.50

"A one-band American roots music festival" according to the Herald. They were one of the highlights of the Celtic Connections Festival in 2009 and have previously sold out and won awards for their Edinburgh Fringe shows.

Sunday 5th September 2010

Pokey LaFarge

& the South City Three

Tickets £12.50

From St Louis, Missouri the band was a resounding success in the UK following a triumphant appearance at the Celtic Connections Festival in January 2010.

Friday 1st October 2010

Furnace Mountain

Tickets £12.50

From Virginia, to the Crofthead Hall. This band takes their repertoire largely from the old-time, bluegrass and folk ballad traditions. The band's last CD "Fields of Fescue" was awarded a 4-out-of-5 rating by the Herald's Rob Adams who also described the group as "a treasure".

Tickets are available from tickets-scotland.com or from staff at Kool Kreations salon on Main Street, who have agreed to act as local ticket outlet. (Thanks folks!)

WHO WOULD YOU LIKE TO HEAR?

We intend to book a number of high-quality folk music performers into the series and are working hard to finalise arrangements for November and December 2010. We are also investigating the ins-and-outs of putting on classical music events, perhaps with string quartets or small ensembles, at the Hall. Maybe some comedy too?

Above all we would be delighted to hear your suggestions for the music you'd like to hear at Crofthead Hall.

There are no restrictions - if it's good it can happen at the Crofthead Hall.

WWW.CROFTHHEADCONCERTS.CO.UK
0141 880 5790



NEILSTON JUNIORS

NDT is delighted to announce the beginnings of a relationship with Neilston Juniors FC.

(Beginning with chats at their flower sale last month - great oaks from little acorns grow!) The club has a new manager and a committee who are very keen to put Neilston back on the map in the Junior League but also to make access to playing football a real option for all Neilston's young people (not just the male variety!) And for those too decrepit to kick a ball, they have hopes to make the Brig O'Lea stadium a

more attractive and comfortable place for family audiences.

All this chimes beautifully with NDT's aims of making Neilston a better place all round. So we're delighted to promote their ANNUAL TOURNAMENT played for the Hugh Blair Trophy over the weekend of 24th & 25th July, and bringing together some of the best teams in local football.

Season Ticket prices for NJFC are unbelievably affordable, so get the family down there to support your local team! More details from Andy McIlroy 0788 0744 606

HUGH BLAIR TROPHY

SATURDAY 24TH JULY

Game 1: 1pm kick-off

Game 2: 3.15pm kick-off

SUNDAY 25TH JULY

Game for 3/4th place: 1pm kick-off

FINAL: 3.15pm kick-off

Teams Competing: Johnstone Bank, Renfrew Juniors, Dunlop Corinthians and Neilston Juniors

**TICKETS
£5 adult
£2 child/conc
per day**

OUR LOCAL HERO

Neilston's David Timmins was part of a group of servicemen badly injured in Afghanistan last year. A great fund-raising evening for British Limbless Ex-Servicemen Association, organised by his family on 7th June, raised over £2000. The Timmins wish to thank all who helped make the night such a success, and for all the kindness shown them during these past months.

Now David is on the case himself, as part of a group of wounded servicemen who are cycling almost 1,000 miles to raise money for their limbless comrades. Lance Corporal David Timmins, Corporal Richard McKinnon, L/Cpl James Marsh and Cpl Jonny Wallace – all part of the 11 EOD Regiment, Royal Logistics Corps – are determined to raise £10,000 on a Land's End to John O'Groats ride.

The focus for the ride is Sapper Matt Weston, who was a member of the team in Afghanistan. He became a triple amputee after an incident last July. He was saved by David Timmins who was injured in another blast just two weeks later. David

lost an eye, suffered damaged hearing and his vital organs were punctured by shrapnel. He and other team members are due to receive the Queen's Gallantry Medal at Buckingham Palace on 13th July.

For more information on fund-raising events call Stephen & Cathy Timmins on 0141 881 7468 or to donate go to www.justgiving.com/Felix-End2End



NEILSTON PEOPLE

What's everyone been up to? Let us know and if there's space in The Space, we'll tell the world!

SUSIE STEWART has added a new string to her bow (or was it always there?) by writing a little book of animal poems in aid of an orphanage in India with which she has a long-standing association.

"If they raise a smile that's always a good thing" says Susie.

COPIES ON SALE AT THE BANK.

HAPPY 90th BIRTHDAY TO ELLA BERRY, whose enthusiasm for the Trust in its early days gave us great encouragement.



Pictured here handing over the reins - to say nothing of the spoons - of the community cafe which she and other volunteers ran for many years in the Glen Halls.

VERY BEST WISHES GO TO REV NAN LOWE, who has been out of action due to ill health. Again her appreciation of what the Trust stands for has been important to us and we wish her well.



VOLUNTEER SPOTLIGHT



Just to prove it's not just gorgeous ladies who volunteer at the Trust, meet (gorgeous) **GEORGE ROWAN** who keeps our front garden blooming and our back garden growing with veg for the café; with a name like Rowan, what could you expect? Horticulture is certainly in his genes; George's father was the head forester at Culzean, and George was brought up deep in the Ayrshire countryside. He seems to be able to coax anything to grow, and his cheery banter always lifts the spirits.

George is a most valued member of the volunteer team and we hope he sticks around to help us 'grow' the Trust!

OUR ELMA - NOW OUT ON VIDEO!

NDT's Big Lottery Growing Community Assets award of nearly £400,000 is something to celebrate, (much more on this next issue). But the cash itself is just a means to an end; what matters is the difference that projects like The Bank are already making to people's lives - that's why the Lottery is supporting such projects to grow further. A new grants programme is coming on-stream and the Lottery is launching it with a selection of short on-line videos about the people behind the projects. We wanted all our volunteers to feature, since everyone's a winner, but Elma speaks for herself while representing the feelings of many.



Video can be viewed at www.biglotteryfund.org.uk/scotland and go to 'investing in communities' section.

AND WELCOME TO

More volunteers have recently joined the team:

Deborah O'Neill has a child in nursery and spends a couple of hours a week at the Bank keeping her hand in on office admin. If she can organise our office she'll be doing well! That's the joy of volunteering - there's something for almost everyone out there.

Robert Mould is scarcely a week in the village and has volunteered to help with our website. Robert graduated in 2006 as a mature student with a degree in computing under his belt. Such enthusiasm and generosity is a tonic - welcome aboard Robert.

LOOK OUT FOR OUR NEW WEBSITE COMING SOON - WE REALLY MEAN IT THIS TIME!

ONWARDS AND UPWARDS FOR NDT PEOPLE

Congratulations to **Lorriane Green**, who graduated from Cafe volunteer to studies in hospitality in which she has gained an HNC. Well done Lorraine!

Gillian McKinlay is embarking on an HNC in accounts.

Not content with her famous baking, **Rose McDougall** is taking an introduction to computing course at Neilston Library, funded by an Individual Learning Account.

**TO CHAT ABOUT OPPORTUNITIES FOR YOU
CONTACT ANNE MACDONALD ON 0141 561 1201 OR
EMAIL ANNE.MACDONALD@NEILSTONTRUST.CO.UK**

Supported by



JOIN US!

**Not a member of NDT yet? What's holding you back?
£1 for life membership.**

**Fill in form and return to: Shona Donnelly, Secretary,
84 Main Street, Neilston G78 3EA**

I would like to apply for membership of Neilston
Development Trust.

Name _____ Age (if under 18) _____

Address _____

Postcode (essential) _____

Tel _____

E-mail _____

My Interests (e.g. sport, gardening, local history)

Organisations I'm involved with (e.g. Scouts, residents' associations)

I'd like to get involved in Neilston Development Trust,
please contact me to discuss

I enclose £1 membership (free if under 18)

Signature _____ Date _____ ✂



Remember to recycle.



sort-it.org.uk



NDT has agreed to hold a stock of recycling boxes and bags at The Bank. If your box has cracked up from regular use, collect a new one at The Bank. **THINK LOCAL!**



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NEILSTON DEVELOPMENT TRUST

The Old Bank, 84 Main Street, Neilston G78 3EA
T: 0141 561 1201 E: info@neilstontrust.co.uk

Jonas Cromwell
Community Powerdown Project Officer
E: jonas.cromwell@neilstontrust.co.uk

Pauline Gallacher (Volunteer)
Co-ordinator
E: pauline.gallacher@neilstontrust.co.uk

Laura Carswell (Volunteer)
Cultural Convenor/Vice Chair
E: laura.carswell@neilstontrust.co.uk

Anne Macdonald
Volunteer Manager
E: anne.macdonald@neilstontrust.co.uk

www.neilstontrust.co.uk

neilston leisure centre

time table

swimming gym

Gym Opening Times

Monday	9.00am - 8.40pm
Tuesday	7.30am - 8.40pm
Wednesday	9.00am - 8.40pm
Thursday	7.30am - 8.40pm
Friday	9.00am - 8.40pm
Saturday	9.00am - 3.30pm
Sunday	9.00am - 3.30pm

Become a member of Neilston Leisure Centre and enjoy access to our swimming pool, gym and fitness classes.
Ask a member of staff for details or call 0141 577 4811

Public Swimming Times

Monday	Public Swimming 10.00am - 2.00pm
	Aqua Aerobics 1.00pm - 1.45pm
	Public Swimming 6.00pm - 8.00pm*
Tuesday	Public Swimming 7.30am - 12.00noon
	Little Splashes 9.30am - 10.30am
	Public Swimming 6.45pm - 7.45pm*
	Swim Fit 7.30pm - 8.30pm
	Adults Only 7.45pm - 8.30pm
Wednesday	Public Swimming 10.00am - 3.00pm
	Public Swimming 6.00pm - 8.15pm*
	Aqua Aerobics 7.30pm - 8.15pm
Thursday	Public Swimming 7.30am - 12.00noon
Friday	Public Swimming 9.00am - 12.00noon
	Fun Session 6.15pm - 7.15pm
	Adults Only 7.30pm - 8.40pm
Saturday	No Public Swimming
Sunday	Public Swimming 9.00am - 12.00noon

* Two swimming lanes in place. When swimming lessons and other activities are taking place, pool areas may be restricted. During school and public holidays this timetable may be subject to change. Please check notice boards or at reception for details. Times correct as of August 2009.

Neilston Leisure Centre
Main Street, Neilston
East Renfrewshire G78 3NN
Tel: 0141 577 4811

www.eastrenfrewshire.gov.uk/sports



what other community of 5000 residents has its own leisure centre and library? why not USE THEM!

WITH THANKS TO



Neilston Development Trust, a company limited by guarantee, registered in Scotland (no. SC 299623). Recognised as a charity (SC 037625)
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